

Greater Ann Arbor Overeaters Anonymous Intergroup Minutes

August 15, 2020

Present: Lynn, Peg, Cecilia, Sheryl, Diane, Judy S., Kim, Nonnie, Vicki, Debby B, Steve, T. J., Pauline, Mary

Open Meeting – Cecilia
12 Concepts – Sheryl

Agenda: Secretary Report, Treasurer's Report, Literature Report, Online Communications Report, 6) Old Business, 5) By-Laws proposals-June,6-C) By-Laws issue-dual roles-discussion, POC Report, Online Communications Report, By-Laws report

Secretary Report – Peg – (accepted **as amended**)

Treasurer's Report – Lynn (accepted)

We have over \$7,000.00 in the bank. There will be usual pay out for Region 5 & WSO quarterly. The Finance Committee is to meet 8-21-2020. We may need a standing committee.

Literature Chair Report – Diane (accepted) we are still ordering our own materials due to Covid-19 restrictions. Has had some trouble trying to reach Karen about picking up the inventory. Lynn will try to reach out to Karen.

Old Business

(5) Bylaws Committee – Diane

Note: will use email for all of Intergroup not just the Officer's on this issue.

All Financial decisions- policy procedure will be coming soon. We should have a prudent reserve of 2 months

With the final vote, we will be sending the package to Region 5 for review.

(5A) FINAL VOTE – Approval (unanimous approval)

Great Job Committee!!

Diane..... (from Steve) Yay! Great job! (there was rejoicing)

Our next step is to send the NEW Bylaws to Barb, Region 5 Rep. Region 5 & WSO will receive it. Diane will send it off

(5B) Policy & Procedure Manual for Bylaws Review coming soon.

(6A) Intergroup Service List – Sheryl

Have added Diane to the committee. Good news, we have had 12 people sign up!

Committee will meet on August 31, 2020. Our goal is to have all the meetings in our area attended by a committee member by then.

(6B) called Detroit Intergroup for information.

Moving forward with distribution if linked- the info is protected. Pauline says the Name, email, address & answer to questions is secure.

For distribution:

#1 – Paper only (delete) copy available

#2 – Link off page

#3 – Link off page and question

#4 – Send out by Constant Contact

* quarterly - do a blast on Constant Contact.

Sheryl & Team did a wonderful job!

Vote on choice 1-4 (Passed) #3 YAY!!

(7A) Fall Workshop – Steve

Tools of Recovery will be the focus

-interactive group exercises & break out rooms

- panel on the tool "Plan of Eating", need 3 minutes & 3 people to speak on tips and tricks
- need to do a run threw (board)
- Use of tools leads to joy & freedom from addiction
- Zoom – unlimited attendance.

We can invite other Intergroups. Send out our flyer to share

-budget marked for \$600.00 (Pauline)

new literature availability

-newest Book – Body Image as a hand out for 1winner, other literature for 5-10? Are we looking at a few or all? Pauline will put together a budget and send it to Lynn & the Budget Committee.

Discuss at September meeting

(7B) Status on Security deposit for site at Church – Steve will lock down 2021

(8)A form for Region Secretary send right away to Joel.

(8B) Plans for excess funds – Lynn and Budget Committee to review (Sheryl, Kim, Steve)

(9) New Business

(9A) Policy & Procedures Manual – committee to form.

(10) Job Descriptions Documentation – should be one piece of paper for each job and reconcile to the Intergroup position guidelines. Include all information on one document. Review with each job holder. Rotating additional people as needed.

ON OUR RADAR – Cecilia

(10A) Finances, Job Description Document

(10B) – Renew & Follow up on -Newcomers to get IG graphic, bylaws, policy & procedure manual

What standing committees do we need?

Online Communication -Pauline - grateful for Sheryl volunteering to be backup, major updates coming.

Serenity Prayer

MEETING CLOSED – Cecilia

Our meeting will begin at 11:15 a.m.

Join Zoom Meeting

<https://us02web.zoom.us/j/2887308339?pwd=cWhJelc2QlNnZ0NSSExBUIUyWXNuZz09>

Meeting ID: 288 730 8339

Password: Serenity

One tap mobile

+13017158592,,2887308339#,,,,0#,,062352# US (Germantown)

+13126266799,,2887308339#,,,,0#,,062352# US (Chicago)

Meeting ID: 288 730 8339

Password: 062352

Find your local number: <https://us02web.zoom.us/j/kcplKXTqMR>

A20A INTERGROUP MEETING DETAIL AGENDA 8-15-2020

1. OPENING – Serenity Prayer, Read the 12 Concepts
2. SECRETARY'S REPORT
3. TREASURER'S REPORTS [Download by Clicking Here](#)
4. LITERATURE REPORT
5. OLD BUSINESS

5A - BYLAWS Proposal - Response from Region?

5B - Committee to compile Policy and Procedure Manual

Step 1 – Job Descriptions ON HOLD UNTIL AFTER WORKSHOP

- Reconcile to IG position guidelines. Include all info on one document (including repeat of bylaws) so people can see all aspects of job in one place.
- Many pieces of P&P already exist – need to be compiled.
- Diane, Nonnie, Cecilia, ?????

5C – FINANCIALS: REPORT; VOTE?

Spend our excess funds (\$7K)

Budget Committee?

How to track individual contributions? Individuals contributing as part of a group

6 – Old Business - IG Service List

6A - Status of the Form (tech) - REPORT

6B - Meetings Visited – REPORT, DISCUSSION

Vote on a proposal on how to distribute information?

6C – Next Steps– DISCUSS

7 - OLD BUSINESS – FALL WORKSHOP

7A - Fall Workshop on Zoom UPDATE

- Overview of Workshop Agenda [Download by Clicking Here](#)

- **Volunteers needed** [Download by Clicking Here](#)
- **Need three people for panel on Food Plan**
- **Schedule dry run and dress rehearsal**
- Include Zoom pre-training resources for attendees
- Rethink schedule regarding arrival
- **7TH TRADITION DONATIONS**

7B – Fall Workshop Budget / Give Aways **BUDGET**

- Status of security deposit on venue
- Literature give away

8 - OLD BUSINESS – GENERAL

8A – IG Registration/Change Form **UPDATE**

Form forwarded to Peg to complete. This should increase communications we receive from WSO and Region.

8B – **Distribute full info (Peg holds) to IG people**

8D – **A STEP AHEAD: REPORT**

- Professional Exhibit Funds Available
- WSO in “solid shape” financially. 2020 contributions down a bit but 2019 was very good.
- Idea: Send “Where Do I Start” pamphlet to virtual newcomers
- Automatic Contribution

9 – NEW BUSINESS

10 - ON OUR RADAR

10A - Job Description Documentation

Our one page IG graphic needs updated to include our mission statement

10B – Renewal Follow up:

Newcomers to get IG graphic, bylaws and policy and procedure manuals. Make the written material available as part of our literature.

10C -- Renewal Follow up: To support sponsors in the area, we discussed having a meeting once per month for sponsors to allow support and sharing.

10F – ZOOM TRAINING

Links to recorded training – Included in Fall Workshop Work

10F – OUR VERSION OF ROBERT’S RULES OF ORDER - ADDED

Develop our own version: what needs seconded, what vote numbers (half? majority?) needed for what sorts of motions, how organized do discussions need to be?