

GREATER ANN ARBOR AREA INTERGROUP MEETING MINUTES

AUGUST 21, 2023

In attendance:	
Cecilia (Co-chair/Maumee Thurs)	Jessi C. (AA Mon newcomer/Wed 7 pm)
Peg (Treasurer/AA Sunday)	Susan R. (Toledo)
Kristi (Secretary/Jackson Thursday)	Mary (Adrian Saturday/Tecumseh Mon)
Margi (Jackson Saturday)	Nancy C. (AA Thursday/Tuesday Virtual)

Cecilia opened the meeting at 8:00 pm with Serenity Prayer and the reading of Concept Eight.

INTRODUCTIONS AND GROUP REP MEETING STATUS REPORT

- Ann Arbor Sunday 7pm – Peg: hybrid (in person with zoom access); read, write, share format going very well.
- Ann Arbor Monday 7 pm Newcomers Meeting – Jessi C reported for rep: making the switch from virtual to face-to-face
- Jackson Monday 6 pm (in person) and Thursday 6pm (virtual) – Kristi: 3-5 regular attendees; literature basis for each group; using old meeting lists to invite folks to return.
- Tecumseh Monday – Mary: 4 regulars
- Ann Arbor Tuesday Virtual – Nancy: meeting is struggling; using pre-covid meeting lists to ask for meeting support
- Ann Arbor Wednesday 7 pm – Jessi: 5-7 attendees
- Ann Arbor Thursday Big Book Study – Nancy reported having 5-14 in attendance.
- Maumee Thursday 8pm – Cecilia reported for rep; hybrid (in person with phone access); 7-9 attendees.
- Jackson Saturday 9:30 am – Margi: 2-5 regular attendees; using *Overeaters Anonymous* book
- Adrian Saturday – Mary: 5-7 attendees.

SECRETARY'S REPORT

- June minutes linked to agenda: no questions/concerns.
- Motion by Nancy. Second by Peg. Approved.

TREASURER'S / FINANCE COMMITTEE REPORT

- Treasury report linked to agenda: no questions/concerns.
- Peg reported that there have been recent donations from individual meetings and from recent retreat.
- Motion by Kristi. Second by Margi. Approved.

ON LINE COMMUNICATIONS COMMITTEE REPORT (Website, Constant Contact, Facebook)

- Online Communications report linked to agenda.
- No discussion. Pauline unable to attend meeting.

PUBLIC OUTREACH COMMITTEE

- Committee currently has 3 members, and would like at least 3 more committee members. Contact Marcy at chair@a2oa.org
- Committee is seeking outreach opportunities to set up an OA information booth at community festivals, health fairs, etc. Goal is to have a booth in each of the IG regions. Please contact Marcy if your community is hosting this kind of event.
- Nancy reported that:
 - money is available with which to purchase literature and to cover expenses for information booth.
 - the Outreach Committee is hoping to get a young adult meeting started on the campus of the University of Michigan this fall.

SERVICE LIST COMMITTEE

- Cecilia continues to work on updating this list of sponsors and speakers.

BYLAWS AND POLICY AND PROCEDURES COMMITTEE

- Cecilia, Peg and Shay are updating the Finance Committee Guidelines.
- Next areas to be updated are Online Communications and Public Outreach.

REGION/WORLD SERVICE

- Cecilia attended the recent 2 ½ hour Region 5 Assembly meeting.
- Cecilia is on the Intergroup to Intergroup Committee.
 - Working to get more intergroup participation at Region 5

- Ann Arbor Area Intergroup may send at least two more reps. (Number of reps is based on the size of the intergroup/number of individual meetings.) There are qualification guidelines for voting reps. Non-voting visitors are also welcome to attend. Please contact Cecilia at chair@aa2oa.org if you are interested in more information on Region 5 reps and visitors.
- Committee is also working on the best way to encourage and process digital financial donations especially for virtual and phone meetings.

OFFICERS REPORT

- Kristi continues to work on updating meeting information. Hoping to get that all sorted out by the September meeting.

OLD BUSINESS

- Sponsor Retreat Review – Nancy reported that there were 18 OAs who registered and 11 who attended the Saturday retreat. The guest speaker was from the Kalamazoo area, and attendees were from Kalamazoo, Jackson, Toledo and Adrian areas.
 - How to engage newcomers, sharing of various experiences, suggestions and sponsorship styles, and sponsor information packets were all part of the afternoon.
 - Positive feedback from attendees.
 - Plan is to make this an annual event.
 - THANK YOU to the Public Outreach Committee for organizing this worthwhile retreat experience, to Kathy – guest speaker from Kalamazoo, to those who attended, and to Nancy for opening her beautiful home to the group.

NEW BUSINESS

- Zoom Security
 - Recent incidents of hacker/bomber to OA Zoom meeting.
 - Jessi reported that Marcy contacted the San Diego Intergroup which has done a great deal of work in the area of virtual meeting safety. Ellen is the San Diego Security Rep, and she provided an email full of excellent information to help groups maintain safe virtual platforms.
 - Cecilia reported that the Footsteps Virtual Meetings have a security team and provide security workshops to help train people.
 - At the very least, zoom meeting monitors are asked to use the waiting room feature to screen participants.
- Fall Big Book Retreat – October 27-29
 - Sponsored by the OA Greater Detroit Intergroup at the Colombiere Center, Clarkston MI
 - Flyer attached.

ON THE RADAR

- Formation of new meetings: i.e. Men’s, Young Persons, LGBTQ, etc.
 - U of M Young Person’s meeting is in the works.
- Formation of Meeting Group Support Team and how best to do this. – Discussion
 - Strong meeting “adopts” a weaker area meeting, committing to send 1-2 people to each meeting.
 - Struggling meeting reaches out to stronger area meeting to request support.
- Ideas for virtual fall workshop – Discussion
 - *Plan for Serenity or Plan for Recovery*
 - Focus on using daily food plan, action plan (and other tools) to keep serenity/recovery a priority. Time management would be an underlying theme.

IG REP SUMMARY – Reps are asked to report back to their meetings:

- Outreach Committee is seeking opportunities to set up an OA information booth at community festivals, health fairs, etc. Goal is to have a booth in each of the intergroup regions. Contact Marcy at chair@a2oa.org with details if your community is hosting this kind of event.
- Save the Date: OA Fall Virtual Workshop – November 18 from noon to 3:00
- Zoom OA Meetings – Please be aware of recent hacker incident; practice security measures and report any incidents to Marcy at chair@a2oa.org
- Service Opportunities:
 - **Public Outreach Committee** – would like three more people to serve on this committee. Willing to help? Contact Marcy at chair@a2oa.org
 - **Intergroup Meeting Rep** – Please be sure that every meeting is represented at the monthly IG meetings.

The meeting closed at 8:50 with the Serenity Prayer.

The next meeting will be September 18 from 8 to 9 via zoom.