

**GREATER ANN ARBOR AREA INTERGROUP MEETING MINUTES
MARCH 17, 2025**

In attendance: 6	
Marcy (Co-Chair; AA Fri)	Jessi C. (AA Sun)
Peg H. (Treasurer; AA Mon, Wed)	Connie (E. Lansing)
Kristi (Secretary; Jackson Mon, Thurs, Sat)	Victoria (100 pounders)

The meeting opened with the Serenity Prayer, Concepts of OA Service 3 and 4, and the Intergroup Mission Statement.

INTRODUCTIONS - The six attendees shared updates on the meetings they represent and/or currently attend and/or ideas to increase participation/service at the intergroup level. (See *Intergroup* section below for participation ideas.)

SECRETARY'S REPORT

- January meeting minutes were linked to agenda.
- No questions/concerns.
- Motion by Peg. Second by Connie. Approved.
- Updated IG calendar for 2025 [here](#).

TREASURER'S / FINANCE REPORT

- Treasury report updated [here](#).
- Peg sent a check for 40% of the Jan/Feb income to WSO.
- No questions/concerns.
- Motion by Kristi. Second by Victoria. Approved.

INTERGROUP

- Intergroup two-year service terms are ending in June for Co-Chair (Cecilia), Region 5 Rep (Cecilia) and Secretary (Kristi). Accepting nominations for these critical service positions through and including the May meeting with voting at the May meeting
- Ideas for increasing participation and service at the intergroup level include:

Hosting OA zoom the third Monday of every month: alternate months between IG business meeting and recovery meeting (speaker/podcast, experience, strength and hope sharing).

Have a meeting or area (i.e. Adrian/Maumee, Ypsi/Ann Arbor, Jackson/E. Lansing, etc) plan and host the alternate month recovery meeting. Could be via zoom or hybrid with in-person option.

Intergroup could host informal meeting zoom focused on the OA Service Structure with emphasis on the Intergroup level. Give members a chance to meet the IG members.

Pitch for intergroup service at the June retreat.

Send meeting reminder closer to IG meeting date.

Change the day/time of the IG meeting - Saturday noon?

REGION / WORLD SERVICE

- World Service Business Conference Agenda Voting: There were five attendees on the agenda items voting zoom. The group discussed and voted on whether or not to have each proposed item on the WSBC agenda with results shared with World Service.
- World Service Business Conference will be held virtually this year on May 4-10. Our intergroup may have two representatives. Abstinance and service requirements. Contact Marcy at dr_marcy@hotmail.com Cecilia at ceciliasinc@gmail.com for more information.

INREACH / OUTREACH COMMITTEE

- Spring In-Person Retreat - "The Roots of Recovery: Growing and Thriving in Recovery" is scheduled for Sunday, June 8th, from 12:30 to 5:30. Details coming soon!
- Marcy and Connie are co-chairing the event. Please contact Marcy at dr_marcy@hotmail.com to find out how you can help!
- Marcy and Connie will put together a list of specific service needs to be shared.

- Reminder: Outreach Plan Update [here](#).

PROGRESS REPORTS on 2024 GOALS

- **Service List** – Completed
- **Website Update** – Info update completed.
- **Constant Contact and Facebook** - ***Still need newsletter manager and at least one other Facebook admin. Contact Marcy at email above to find out how to help!***
- **Policies and Procedures: Online Communications and Public Outreach** portions to be updated - Cecilia and Peg.

PROGRESS REPORT on 2025 GOALS .

- Updated Service List posted on a2oa.org - Completed January 2025
- Meeting Info Updates on a2oa.org and wso.org. - Completed February 2025
- Facebook use to engage and involve members. - Marcy has been creating, sharing and boosting posts on the Greater Ann Arbor Intergroup of Overeaters Anonymous page. Please like and share posts to help with outreach.
- Focus attention/efforts on Spring in-person event - See Inreach/Outreach section above for details.
- Increase meeting attendance and active support for intergroup - ongoing

ON the RADAR

- a2oa.org emails no longer being forwarded to chair, treasurer, etc. Need another plan.
- Venmo or other means for virtual meetings to contribute 7th Tradition donation to IG.
- Outreach to medical and health professionals.

CLOSING: The meeting was closed at 9:05 pm

The next Intergroup meeting is scheduled for Monday, May 19 from 8 to 9 pm. Look for the agenda and Zoom link in an email the week prior.